



Stoma Menu



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Dietary information

Dishes suitable for patients following the most common therapeutic diets are coded for ease of identification

GF	Gluten Free	ED	Energy Dense
VE	Vegan	V	Vegetarian

All dietary information is accurate at time of publication, always check the lid for the most up to date information.

Soup

Carrot Soup – GF • V • ED

Cream of Mushroom Soup – GF • V • ED

Cream of Chicken Soup – GF • ED

Cream of Vegetable Soup – GF • V • ED

Main Meals

Beef Casserole – GF

Served with mashed potato & carrots

All Day Breakfast – ED

Served with hash browns

Smoked Haddock in Cheese & Chive Sauce

Served with parsley boiled potatoes & carrots

Spinach & Ricotta Tortelloni – V • ED

Served with butternut squash, broccoli & cauliflower

Jacket Potato (DO NOT EAT SKIN)

Served with either Cheese or Tuna Mayo

Sandwiches

Tuna Mayonnaise

Egg Mayonnaise

Cheese & Ham

Desserts

Bakewell Tart with Custard - V • ED

Apple Pie with Custard - V • ED

Sponge with Lemon Sauce & Custard – GF • V • ED

Rice Pudding with Apricot - GF • V

Yoghurt

Mousse

Ice-cream

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